

Date: 4/17/25

MECHANICAL SOFT GRADES K – 12 LAUSD BREAKFAST, LUNCH, SUPPER MENU MAY 26 – MAY 30, 2025					
	MONDAY 5/26/25 HOLIDAY	TUESDAY 5/27/25	WEDNESDAY 5/28/25	THURSDAY 5/29/25	FRIDAY 5/30/25
BREAKFAST		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<i>Entrée</i>		Morning Magic Bagel <b>V</b> (R2292)	Cinnamon Roll <b>V</b> (R2287)	Hot Honey Chicken Jalapeno Biscuit Sandwich (R0975)	Café LA Coffee Cake <b>V</b> (CMS #2773)
<i>Fruit</i>		Peachy Peaches (R3292)	Applesauce (R3347)	<b>Banana (CMS #3204)</b>	Perfect Pears (R3163)
<i>Fruit Juice</i> (½ c / 4 oz.)		Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
<i>Milk, 8 oz.</i>		Milk	Milk	Milk	Milk
LUNCH		LUNCH	LUNCH	LUNCH	LUNCH
<i>Entrée</i>		Pepperoni Pizza Wedge (R0730) <b>AND/OR</b> Cheese Pizza Wedge (R1063)	Bean & Cheese Chile Burrito (R1955) & Fresh Salsa (R4613)	Orange Chicken & Broccoli Bowl (R5626)	Mini Mozzarella Bites with Marinara Sauce (R1153)
<i>Vegetable</i> (½ c)		Cooked Broccoli Florets (R4278)	Creamy Mashed Potato (R4515)	<i>Vegetable Included in Entree</i>	Cooked Baby Carrots (R4374)
<i>Vegetable</i> (½ c)		Orange Medley Juice (CMS #1308)	Fiesta Pinto Beans (R1912)	Paradise Punch Vegetable Juice (CMS #1681)	Roasted Potato Wedges (R4370)
<i>Fruit</i> (½ c)		Applesauce (R3347)	Perfect Pears (R3163)	Applesauce (R3347)	<b>Banana (CMS #3204)</b>
<i>Fruit Juice</i> (½ c / 4 oz.)		Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
<i>Milk, 8 oz.</i>		Milk	Milk	Milk	Milk
SUPPER		SUPPER	SUPPER	SUPPER	SUPPER
<i>Entrée</i>		Cheesy Pillows <b>V</b> (R1119)	Chicken Parmesan Wrap (R5751-DW / R5752-CB)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159)	Longboard Pizza (Chicken & Jalapeno) (R1156)
<i>Vegetable</i>		Paradise Punch Vegetable Juice (CMS #1681)	Cooked Baby Carrots (R4374)	Berry Berry Blue Slush (CMS #2827)	Cooked Broccoli Florets (R4278)

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<b>Fruit</b>		Peachy Peaches (R3292)	Mango Sorbet (CMS #2774)	Peachy Peaches (R3292)	Applesauce (R3347)
<b>Milk, 8 oz.</b>		Milk	Milk	Milk	Milk
<b>CONDIMENT</b>		<b>CONDIMENT</b>	<b>CONDIMENT</b>	<b>CONDIMENT</b>	<b>CONDIMENT</b>
<b>CONDIMENTS</b>  <b>B=Breakfast</b> <b>L=Lunch</b> <b>S=Supper</b>		B- Cream Cheese, (CMS #7097-DW, #9043-CB) Strawberry Jam (CMS #1690)	L- Taco Sauce or Tapatio	L- Sriracha Sauce S-Taco Sauce	L- BBQ Sauce, Ketchup, Mustard, Mayo

**All the Grain/Bread items served are whole grain rich.**

**Milk** (Must serve two choices from the following five (5) options – 1. Fat-Free Milk, 2. Low-Fat Milk, 3. Fat-Free Lactose Free Milk, 4. Fat-Free Chocolate Milk, 5. Fat-Free Strawberry) **NOTE:** Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1<sup>st</sup> grade and above.

**Breakfast:** Based on your students' preferences, Deluxe Cereal or 4 oz. Yogurt & Crackers (R5617-DW/ R5618-CB) can be served in place of any breakfast option.

**Lunch:** Based on your students' preferences and if you would like to give your Mechanical Soft diet additional options, you may serve the following in addition to entrée 1 or in place of it:

1. When appropriate, offer the 8 oz. Yogurt (CMS #7107-DW/#9016-DB and Crackers).
2. Manager's Choice (Sandwich) Daily Options: You can offer any of the following: Yellow Submarine Sandwich (R0771), Turkey Breast & Cheese Sandwich (R0911), Tuna Sandwich (R5619), Toasted Cheese Sandwich **V** (R1086-IW or R1131-scratch)

**Fruit:** Fresh Banana can be used any time in place of juice or canned fruit.